Shared CHNA Forum Summaries

Skowhegan & Waterville

Skowhegan: 46 Participating Attendee's

October 17th, 2018

Top 4 overall priorities voted for at forum:

- Mental Health (20%)
- Substance use (16%) tied with;
- Aging/ older adults (16%)
- Social Determinants (12%)
- Food insecurity (11%)

Other priorities voted for that didn't make the top 4:

- Youth/ ACE's (9%)
- Access to care (6%)
- Physical activity / nutrition (5%)
- Chronic disease (5%)

Breakout session questions

1). *Based on your own knowledge and experience, are there any major health issues that are not represented in the data?*

- 4 of the 6 groups named substance use/ abuse (related to easy access to prescription drugs, and support for families)
- 4 of the 6 groups named access to care related to transportation, special needs children, access to narcan and health literacy
- 4 of the 6 groups named mental health (one related to post-partum health)
- 2 of the 6 groups named heating and financial insecurities
- 2 of the 6 groups named vaping and tobacco use
- Other major health issues named were elder health, oral health, obesity and nutrition, and screen time for children

Waterville: +/- 80 Participating Attendee's

October 18th, 2018

Top 4 overall priorities voted for at forum:

- Mental health (19%)
- Substance use (18%)
- Social determinants of health (14%)
- Physical activity, nutrition, weight (12%)

Other priorities voted for that didn't make the top 4:

- Access to care (11%)
- Elder health/healthy aging (11%)
- Chronic disease (8%)
- Oral health (4%)
- Intentional injury (2%)
- Infectious disease (1%)

Breakout session questions

1). *Based on your own knowledge and experience, are there any major health issues that are not represented in the data?*

- 6 of the 8 groups who answered this question named substance use/ abuse
- 5 of the 8 groups who answered this question named mental health (specifically elderly, and adolescence)
- 5 of the 8 groups who answered this question named social determinants of health
- 4 of the 8 groups who answered this question named access to care (specifically transportation, lack of financials, and insurance)
- Other major health issues named were cancer, quality of care, obesity and nutrition (in children and adults), elder health, food insecurity, infectious disease, and oral health

2). *Top priorities identified specifically by group:*

Group 1:

1. Food insecurity
2. Access to care
3. Behavioral health
4. Elder care

Group 2:

1. Mental health
2. Social determinants of health
3. Substance use
4. Sedimentary lifestyle

Group 3:

1. Substance and alcohol use
2. Social determinants of health
3. Access to care
4. Mental health

Group 4:

1. Mental health
2. Aging
3. Food insecurity
4. ACE's

Group 5:

1. Aging in place and elder health
2. Substance and alcohol use
3. Physical activity and nutrition
4. Chronic disease and cancer

Group 6:

1. Mental health resources
2. Support for aging and education
3. Support for young families
4. Childhood obesity

Group 1:

1. Social determinants of health
2. Substance use, alcohol, including tobacco
3. Chronic disease
4. Mental health

Group 2:

1. Access to care
2. Quality of care
3. Elder health/healthy aging
4. Transportation for rural populations

Group 3:

1. Substance use disorder (OUD, alcohol, tobacco)
2. Mental health
3. Oral health
4. Chronic disease prevention and management

Group 4:

1. Access to care
2. Mental health
3. Substance use
4. Social determinants of health
5. Physical activity

Group 5:

1. Substance use disorder (opioids, tobacco, alcohol)
2. Oral health
3. Mental health
4. Chronic disease – prevention and management, obesity, chronic illness

Group 6:

1. determinants
2. Mental health
3. Substance abuse
4. Access to care
5. Elder care
6. Infectious disease

Group 7:

1. Access to care
2. Mental health
3. Substance and alcohol
4. Physical activity and weight

Group 8:

1. Substance/alcohol use
2. Mental health
3. Physical activity /nutrition/ weight
4. Social determinants of health

Group 9:

1. Substance abuse
2. Access to care
3. Food insecurity
4. Physical activity/nutrition/obesity
5. Elder care/aging population

Group 10:

1. Substance and alcohol use
2. Mental health
3. Physical activity, nutrition, weight
4. Elder health

Group 11:

1. Poverty
2. Access
3. Mental health
4. Substance use

Group 12:

1. Access to care
2. Quality of care
3. Elder health/healthy aging
4. Transportation – Rural health